



WANT MORE INFO?

Visit activerecoverytms.com

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or Call **503.506.6510** for a **FREE** phone consultation.

**TMS - AN ALTERNATIVE TREATMENT FOR
DEPRESSION**



ACTIVE RECOVERY
TMS



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TMS

TMS is **an FDA-cleared treatment** and **is covered by most insurance plans.**

TMS THERAPY FOR DEPRESSION

Transcranial magnetic stimulation (TMS) is a non-invasive treatment for patients whose symptoms have not improved after 2 or more antidepressant treatments or talk therapy.

WHAT IS TMS?



FDA
Cleared



Covered by Most
Insurance Plans



Minimal Side
Effects



20 Minute
Sessions



5 Days a Week
for 6 Weeks

WHAT DOES TREATMENT CONSIST OF?

The course of treatment for TMS is **5 times per week for approximately 6 weeks**. Patients can resume their **normal activities** - including driving - immediately after their appointments.

WHEN DO PATIENTS START FEELING BETTER?

Most trials indicate that patients experience improvement by the **4th week of treatment**. However, each patient is unique in their response, and some may improve before or after the fourth week.

“TMS uses a highly focused magnetic pulse (similar to an MRI) to stimulate the area of the brain that controls mood.

This stimulation, over time, can result in a decrease in symptoms. For many patients, this can mean full remission from depression.”

- Pritham Raj, MD, FACP

Board Certified in Internal Medicine & Psychiatry

WHAT OUR PATIENTS SAY



I walked into the office in a deep depression that had lasted 7 months, with no relief from various medications. I left feeling as though my life had been given back to me.



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